



POWERFUL LIVING

Do you or someone on your gift list want to make a change? Are you stuck? Perhaps losing your job or looking for a fresh start? Do you envision a life different than the one you are living today? Could you be happier, but you don't know how?

How can you ensure that you live up to your potential?

Give the gift that will appreciate in value and provide benefits for years!

One of the **most valuable gifts** we can give is a process to remove obstacles that block the opportunity to lead a full and happy life. Whether looking to start or advance your career, deal with challenges from the employment, housing or financial markets or clarify your life's purpose - there are tools available to help discover the limitless possibilities that exist for each one of us.

Professional Coaching - the gift of a lifetime!

Why coaching?

Coaching is a proven approach that will help anyone willing to lead a more powerful life. Coaching prompts the discoveries that will change your thinking to help you achieve your goals.

Professional Development: Tap into your experience and wisdom to bring a new perspective to your career. Recognize characteristics and practices critical to your continued leadership development and become your potential!

Career Transition Coaching and Marketing: Find the right job or plan for the right career. Assessments and resumes are only a part of the process. Build your personal marketing strategy and step into your success!

In Pursuit of Happiness: Become clear on what you really want. Leave the "woulda, coulda, shoulda" mindset behind and make more informed, powerful choices that will provide balance and lead to your desired results.

Shirley Clark, Professional Coach and Career Consultant
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About:

Shirley Clark, Professional Leadership Coach and Career Consultant

Shirley's work as an executive and career transition coach is motivated by her desire to ensure that individuals recognize the possibilities that exist for them - regardless of their circumstances – when they make informed, intentional choices. With over 25 years of business and leadership experience, Shirley embodies specific expertise and success in sales, communication, organizational effectiveness, coaching and team building. Her experiences in the corporate arena were a key element in developing her personal vision on leadership and powerful living.

Shirley is the founder of Career Transition Network, a career transition services organization, and also of Choose 2 Lead Women's Foundation, a nonprofit dedicated to helping other's find their leadership voice. She is a graduate from Georgetown University's Executive Leadership and Coaching program and she developed the Powerful Thinking model, which is at the foundation of her coaching, to help her clients visualize their path to transforming their lives.

Testimonials:

My 10 coaching sessions with Shirley have proven absolutely invaluable as I am seeing the results long after the sessions have ended. Shirley's ability to quickly identify issues as well as her aptitude for bringing clarity and awareness to those issues ensured my success in the sessions. As a result, I am much more confident and I am a much more effective and communicative leader.

Cassie

[Coaching] has given me the strength to succeed. In addition, it has given me the starting points to reach beyond my current goals and take chances. My life is completely different than when I started and I have more energy.

Kris

When I find myself in periods of uncertainty, my coach is the one person I know will help me. Working with Shirley got me through a tough career and personal transition. By addressing the questions my coach raised, I was able to find the answers I needed to move forward.

Lisa

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Holiday Packages for Coaching and Development

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|  Take the first step | \$95 |
| <input checked="" type="checkbox"/> Introductory coaching session | |
|  Discovery | \$295 |
| <input checked="" type="checkbox"/> 3 1-hour coaching sessions | |
|  Development | \$575 |
| <input checked="" type="checkbox"/> 6 1-hour coaching sessions | |
|  Job-Seekers | From \$200 |

Customize a package based on current needs. Consider:

- Discovery and assessments
- Personal marketing strategies
- Interview and negotiating skills
- Resume development

In-person or virtual sessions may be arranged



Contact Shirley to select the perfect gift!
703.395.6337

